

Child Care Health Consultation Health Issue Training Lesson Plan

Contractor (LPHA) Name: St. Charles County Department of Public Health

Date Submitted: December 10, 2018

Health and Safety Standards	Training Levels
<input checked="" type="checkbox"/> Promoting Risk Management Practices <input type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input type="checkbox"/> 1 <input type="checkbox"/> 2 <input checked="" type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: American Red Cross Adult and Pediatric First Aid/CPR/AED Review 2.0

Learning Objective(s):

Demonstrate skills and knowledge competency to perform CPR on an adult, child and infant. Able to use an AED on an adult, child and infant. Able to care for a choking adult, child and infant. Be able to perform basic first aid an adult, child and infant.

Topical Outline of Content	Resources Used
Checking a responsive person	Video,Lecture Skill evaluation- 35 min
Skill- CPR on Adult/Child (one person rescue)	Video,Lecture Skill evaluation-20 min
Skill- CPR on Infant (one person rescue)	Video,Lecture Skill evaluation- 15 min
Skill- AED use on Adult/Child (two person rescue)	Video,Lecture Skill evaluation- 10 min
Skill- AED use on Infant (two person rescue)	Video,Lecture Skill evaluation- 10 min
Skill- Caring for choking (adult/child)	Video,Lecture skill evaluation- 10 min
Skill- Caring for coking (infant)	Video,Lecture skill evaluation- 10 min
Skill-Using direct pressure to control external bleeding (adult/child/infant)	Video,Lecture skill evaluation- 10 min
	Total Time 120 min

Method(s) of Outcome Evaluation: Participants will return demonstrate all skills required by skill chart and skill assessment tool.

Health Issue Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.